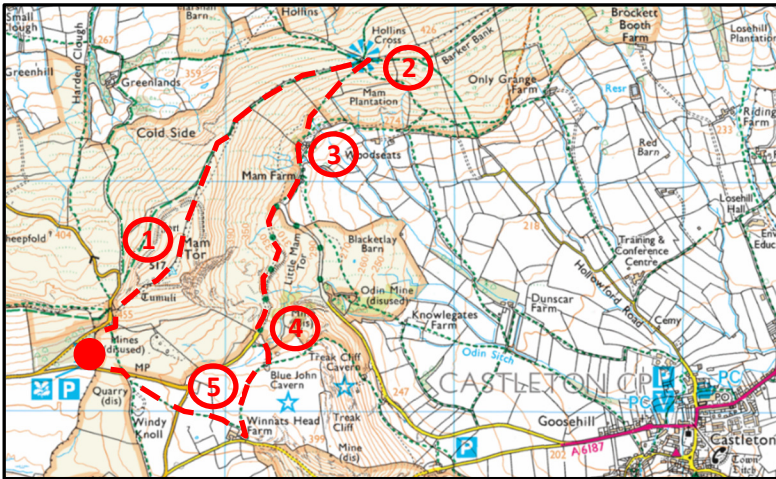


Bank View Farm : Luxury Bed & Breakfast

Walk 8 : Enjoy Spectacular Views on this Mam Tor Walk

3 miles / 4.5 km – Approx. 1.5 hours

Mam Tor Walk is a short relatively easy walk that is steeped in ancient history and takes in one of the Peak District's most iconic views.



The Mam Tor Walking trail starts at the far end of the Mam Tor car park. Climb a short series of steps through the woodland before following the track right to a small sign posted gate. Walk through the gate and veer left to the stone steps that lead to the summit of Mam Tor.

From the top you will be rewarded with far reaching views of the Vale of Edale, Peveril Castle and the Hope Valley. You can also see the high moors of the Kinder Plateau across the valley.

1. Follow the flagstones north along the ridge and descend to Hollins Cross.
2. At Hollins Cross there is a small signposted gate by the Trig Point pillar. Go through the gate and take the right hand path back towards Mam Tor.
3. Along this part of the Mam Tor Walk, you will come to a small wooded section. Climb over the stile's steps and continue along the path and onto a farm track. Follow this track past the farm (keeping it to your left) until you emerge on the 'broken road'.

This famous road (that was once the former A625 from Sheffield to Stockport) skirts the dramatic and crumbling East Face of Mam Tor.

4. At the end of the broken road you pass through a gate into a car park. Exit the car park and take the first left path towards the Blue John Caverns, *one of the most impressive series of limestone caverns in Western Europe with a prized variety of colourful fluorspar that gives the cavern its name.*
5. Pass the entrance to the caverns, go through a small gate and then straight up a grassy track. At the top, keep right and pass through another small gate following the signpost to Windy Knoll. Cross the field, watching out for livestock.
6. Eventually you will reach a gate to a road. Follow the grassy verge beside the road back to the Mam Tor car park.